



9th Central Texas African American Family Support Conference

February 12th – February 13, 2009

THEME: Empowering Families: Live, Learn, Grow

Agenda Outline

Day 1 (February 12, 2009)

- 7:00am Registration
- 7:15am – 8:00am Breakfast
- 8:00am – 8:15am Opening Ceremony (MC Dr. King Davis)
- Pastor Ray Hendrix, Rehobeth Baptist Church
 - Buffalo Soldiers (Presentation of Colors and Pledge)
 - Negro National Anthem, Sharon Taylor
 - Introduction (Board Member-Richard Hopkins)
- 8:15am – 8:45am Dr. King Davis, Ph.D., LMSW-ACP
“History of African American’s and Mental Health”
- 8:45am – 9:15am David Evans, ATC-MHMR Executive Director
“Responding to Your Needs: The New ATCMHMR”
- 9:15am – 9:20am Journey’s of Promise Introduction (Dr. King Davis)
- 9:20am – 10:10am Journey’s of Promise
- “Saving Jackie” Video (First 15 Minutes)
 - Guest Speakers (Monica Beckford, Evelyn Patterson)
- 10:10am – 10:25am Break and Transition to Session
- 10:25am – 11:30am Session 1**
- 1A- ROOM # - Community Strategies-Field Office Model**
Joe Barnes, Deborah Duncan- City of Austin
How the experience of the HHSD community mobile program can serve as guide to creative thinking to address problems in getting mental health services to underserved populations.
- 1B CEU - ROOM # - How to Get Involved in Reducing Seclusion and Restraint Use in Texas-**
Lynda Frost, Linda Logan - Hogg Foundation for Mental Health, University of Texas at Austin
There is always a need for more people, especially more consumers and family members, to help in the effort to reduce seclusion and restraint use. But it can be confusing to figure out how to get involved. In this session, the presenters will review important activities in the state and detail how audience members can get involved.

10:25am – 11:30am Session 1 (Continued):

1C- ROOM # - Mental Health Treatment in the Travis County Correctional Complex- *Jeff Futrell, Travis County*

The Travis County Correctional Complex is one of the largest providers of mental health services in Travis County. This presentation will take you through the process of what occurs when a person with mental illness is incarcerated.

1D- ROOM # - It Takes a Village-How to Ensure Healthy Racial and Ethnic Identity - *Mia Sneed, Texas Dept. of Family and Protective Services*

Separation from family and community of origin may happen before a youth has obtained necessary information regarding race, ethnicity, heritage, and culture. Essential information may include strategies on assessing what it means to be a person of color in this society and lessons on ways to address racism and discrimination.

11:30am – 11:45am Break and Transition to Main Ballroom

11:45am – 12:00pm Luncheon/Blessing (Imam Islam Mossaad, North Austin Muslim Community Center)
- Jazz music played in background
- Video Loop “In Memory Of... Kay Walker and Sam Higgins”

12:00pm – 12:30pm Award Ceremony (Rev. Calahan)
Recognize Promo Family, Torch (4) Award and
The Wood Group Consumer Scholarship (1)

12:30pm – 1:00pm Door Prizes
Simms Elementary Silvertones

1:00pm – 2:00pm Keynote Speaker
Pastor A.J. Quinton, Child Inc. Responsible Relationships and
Healthy Marriages Program
“Living the Legacy”

2:00pm – 2:10pm Break and Transition to Session

2:10pm – 3:15pm Session 2

2A- ROOM # - Consumer and Family Voice: Key Components For A Solid Foundation- *Vicky Coffee-Fletcher, - Hogg Foundation for Mental Health, The University of Texas at Austin*

During this session, the consumer and family liaisons will talk about their roles at the foundation as they lead efforts to track and address consumer issues related to mental health in Texas. They will also discuss the process used by the foundation to develop the positions.

2B - ROOM # - African American and HIV/AIDS - *Jeremy Riddle, Austin Travis County MHMR*

Statistics and precautions in regards to HIV/AIDS

2:10pm – 3:15pm Session 2 (Continued):

2C CEU - ROOM # - Get the Hook-up eHealth Community Empowerment

Online Training Initiative - Debra L. Murphy, Dianna Dean, Orlando DeLeon, Marilyn Martinez –*Huston Tillotson College*

This session will provide help to eradicate racial disparities in health/ mental health through educating/training organizations (including health ministries) and clients to access and navigate free, credible, reputable, and current health/mental health information, navigation, and advocacy resources through the world wide web (the National Library of Medicine/Medline Plus and other data bases).

2D- ROOM # - Speak Up: The First Steps of Advocacy - Donna Elmore –
Department of State Health Services

The forum seeks to provide consumers/parents a brief synopsis of the Department State Health Services goals in providing quality health care and related services for CSHCN and their families. Parents and care givers of children with special health care needs will be encouraged to share in a targeted discussion about their own experiences regarding availability of health services and family support resources.

3:15pm – 3:30pm Break and Transition to Session

3:30pm – 4:35pm Session 3

3A CEU - ROOM # - How to De-Escalate a Situation: Practical Tools for Family

Members and Other Caregivers - Lynda Frost, **Aaryce Hayes**, Vicki Herndon, Melissa Cook, *Hogg Foundation*

This interactive workshop consumers and professionals team up to explain the dynamics of what happens physiologically and psychologically when somebody becomes agitated. It uses role playing and practical examples to review alternative techniques that can de-escalate a troubling situation and further a trusting, positive relationship between both individuals.

3B - ROOM # - Mental Health Recovery: Cultural

Diversity & Family Supports- *Eric Blumberg, Brenda Coleman-Beattie, Norma Garcia Bangs, Austin Travis Co. MHMR*

This presentation will deal, in depth, with that information which is needed to be passed along to a family member or friend of a person living with a behavioral health issue as well as how that information can be tailored so that people of different subcultures can more easily understand their loved one's current condition and how they can best help their loved one more fully recover from it.

3C- ROOM # - Putting the Pieces Together: Meth Abuse, Addiction, Treatment, and Overview for Prevention Providers – Glen Richardson, *Department of State Health Services- Substance Abuse and Mental Health Services*

This presentation provides the skills needed for Prevention Providers and family members to be able to learn what Methamphetamine is and how it affects a user's body. They will obtain knowledge on the Treatment Public Health Model. They will learn the definitions of social use, abuse, and addiction as it pertains to drug use. They will also be aware of different modalities of effective treatment for Alcohol and Other Drug Addiction. It provides the Prevention Provider with the skills or tools needed to assist consumers and family members.

**3D- ROOM # - In Our Own Voice-Consumer Presentation - Susan Mulcahy, NAMI
*Austin***

This presentation is given by trained volunteers who are living full and productive lives while personally overcoming the challenges of their mental illnesses. This program provides audiences with practical, useful information about mental illness and available treatments.



9th Central Texas African American Family Support Conference Day 2 (February 13, 2009)

THEME: Empowering Families: Live, Learn, Grow

Agenda Outline

- 7:00am Registration
- 7:15am – 8:15am Breakfast
- 8:15am – 8:45am Opening
Prayer (Pastor Michael White II, Great Commission Baptist Church)
Recap of Previous Day (with pictures/slide show)
Door Prize (Door prize from Evaluations on Previous Day)
- 8:45am – 8:50am Speaker Introduction (Dr. King Davis)
- 8:50am – 9:30am Speaker: Deshaun Jiwi Morris
“NEED TITLE OF PRESENTATION”
- 9:30am – 9:45am Break and Transition to Session – *Last part of “Saving Jackie”*
- 9:45am – 10:30am Youth Panel with Deshaun Morris
(Moderator: Vicki Coffee-Fletcher)
(Runners with cordless microphones)
- Deshaun Morris
 - 4 Guest Panelist (Chad Sapenter, Terra Patterson, Kerri Green, Brandon VanZandt)
- 10:30am – 10:45am Break and Transition to Session
- 10:45am – 11:50am Session 4**
- 4A - ROOM # - Mental Health in the *Juvenile Justice System* - Emmitt Hayes, Jr., Camett Moore, Charlotte Caples, Travis County Juvenile Probation Department**
This panel discussion will provide an explanation of the services designed for youthful offenders with mental health and substance use concerns at Travis County Juvenile Probation Department.
- 4B CEU - ROOM # - Project Medical Home – *An Innovative Model for Children’s Health* - Robert Austin, MD, Texas Medical Center**
The Medical Home provides a collection of services that reflect the physical, emotional, educational, social and spiritual needs of children and their families. It is also a place of engagement that assists families in navigating the complex, confusing and at times intimidating universe of health options within the Texas Medical Center.
- 4C- ROOM # - Children Resources within Parks and Recreation - Simone Pollard, City of Austin**
Focus on the various programs within the City of Austin Parks and Recreation Department which offer classes and programs to children and teenagers.

These resources will include activities for youth with special needs and other resources that can be found throughout the city.

10:45am – 11:50am Session 4(Continued):

4D- ROOM # - Positive Advocacy in Educational Systems - Noah Diggs, *Austin Independent School District*

Too often battle grounds are drawn between school systems and parents or advocates of students with exceptionalities. Learn the steps to positive advocacy that instills collaboration, accountability, and mutual respect. Its a "Win-Win"

- 11:50am – 12:00pm Break and Transition to Main Ballroom**
- 12:00pm – 12:10pm Luncheon/Blessing**
- 12:10pm – 12:30pm Garnett Coleman, Texas State Representative, District 147
The 2009 Legislative Session**
- 12:30pm – 1:00pm Award Ceremony (Rev. Calahan)
Eternal Flame (1)-speaks for 3 minutes, Spirit (1), Griot (1),
The R & R Coleman-Calahan Consumer Scholarship (1)**
- 1:00m – 1:05pm Speaker Introduction, Deshaun Morris**
- 1:05pm – 2:05pm Keynote Speaker: Terri Williams
"NEED TITLE OF PRESENTATION"
(Runners with cordless microphones)**
- 2:05pm – 3:00pm Wrap Up – King Davis (Runners with cordless microphones)
Thank You's
Door Prize**
- 3:00pm – 5:00pm Book Signing (Terri and Deshaun)**

We wish to thank you for your attendance and participation in the 9th Annual Central Texas African American Family Support Conference and look forward to seeing you again in 2010 for our 10th year.

Please take time to complete the conference evaluation so that we may meet your needs for 2010.